



Sacred Connections Forum

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FALL 2025 WEBINAR:

Tuesday, November 18th @ 7pm – 8:15pm EST

Welcome Leah C. Gardiner! She is an Obie Award-winning director, actor, and writer, while also sharing her gifts as a Reiki Master, seer, and healer – bridging the worlds of art and spirit. She will be sharing her wisdom on how to access your inner light.

What is your inner light? How do you access it? In this group immersion, Leah will help us explore unknown realms as practical training for consciousness – practices that reveal the subconscious and help us perceive our layered energies.

Leah lives at the intersection of two interconnected worlds. As a director and writer for theatre and television, she listens deeply – hearing what longs for expression, reading tone and subtext, and guiding confusion into clarity. As a seer and healer, she serves as a conduit for the unseen – ancestral memory, past lives, spiritual guidance, and future selves – translating them into language that offers solace and understanding.

Her innate tools overlap – breath, silence, metaphor, pacing, and coherence – but their goals differ. Healing seeks integration over space and time, bringing relief and personal understanding, while storytelling invites shared insights and communal catharsis.

Both practices call Leah to lead from her inner light – within ritual, timing, and ethical boundaries – holding a sacred space where others feel seen and supported as they discover truth together. In this webinar, you'll gain insight into how these two paths converge and discover practical ways to integrate their wisdom into your own journey.

Leah C. Gardiner is an Obie Award-winning director, actor, and writer for stage and screen, known for the “incisive clarity” (*The New York Times*) of her work, combining physicality and text. Her theater work has been seen across the U.S., England, and Japan, ranging from new plays to Shakespeare to musicals. On screen she is known for Sundance award-winning *Mother of George* (2013), *Little Men* with Greg Kinnear (2016), and *September* (2024). Leah is also a Reiki Master, seer, and healer offering clients guidance, insight, and clearing.

