



Thank you for partnering with me to help determine an unknown or uncertain birth time. Please email your completed form to tracey@mindfulsoulwellness.com. You can either type directly into this document and email it back, or handwrite your responses, take clear photos of each page, and email those.

Because astrology is rooted in timing, we can “reverse-engineer” your chart through a collaborative process called Chart Rectification. By reviewing a list of your significant life events together, we can develop the most accurate working natal chart possible — ultimately helping us identify your true Rising Sign and approximate time of birth.

Along with your birth date and birthplace, I’ll need **at least 10 significant life events** spanned across your childhood, teenage years, and adulthood. Exact dates are ideal, but month/year is still helpful. If an exact date isn’t known, try to narrow it to within a few weeks, a month, or a season. You may find it helpful to review the questions on this form first to get a sense of the types of events needed. Please avoid vague entries such as only listing an “age” or “year,” as these cannot be used in the software.

Contact Information and Known Birth Data

Name (First, Last):	
Email:	
Phone Number:	
Birth Date: (example - January 10, 1973 <i>not</i> 1/10/1973)	
Place of Birth: (City, County, State OR City, Provenance, Country)	
Guesstimate of Birth Time: (i.e. morning, afternoon, between 2pm-4pm, etc.)	
Where did this guesstimate come from? (i.e. from mom, family stories, baby book entries, birth announcement, saved hospital ID bracelet, etc.)	
Mother’s Birth Data: (Birth date, location, and time if known)	
Father’s Birth Data: (Birth date, location, and time if known)	

**Life Events:**

Not all of the events listed on the following pages are required, but please do your best to include at least 10 significant life events from the options provided. The more events you can share, the more precise your chart rectification will be. If any of your life events are sensitive or personal, you are not required to share details. Simply list the date and a brief description such as “emotional trauma,” “physical injury,” or “major challenge.”

Sample Life Event Entries:

Daughter born Jan 5, 1976, Vancouver, BC

Son born Apr 20, 1979, Vancouver, BC

Married July 5, 1970, Victoria, Canada, 2pm

Broken leg – Jan 1988

First Love – Summer, 1980

Taking time to research exact dates can significantly improve the accuracy of the rectification. Here are some helpful sources to consider:

birth certificates of children • marriage licenses • divorce decrees • adoption records • home purchase and sale documents • graduation diplomas and transcripts • professional licenses or certifications • military service records • passport issuance and travel stamps • hospital discharge summaries • medical records • resumes • LinkedIn profile history • employment contracts • professional awards • tax returns • insurance claims • Facebook memories and timeline posts • Instagram posts • digital photos • email archives • text message histories • calendar apps • cloud storage timestamps • family photo albums • scrapbooks • lease agreements • court documents • custody agreements • death certificates • immigration records

Please enter a brief description along with the Month, Day, Year OR Month/Season, Year (if unable to determine exact date) for at least 10 life events from the following options:

Birth of Children (include birth time and birth location – city/state – if known)

First Job



Significant job changes (or endings)

Education & Training (i.e. graduations, degrees, and certifications)

Special Honors or Recognitions

Broken bones, Serious Injuries, Surgeries, Accidents, Medical Diagnoses, etc.

Foreign travel (especially if significant to learning or growth process)

Impactful deaths (i.e. best friend, parents, grandparents, spouse, siblings, child, etc.)

Relocations and Moves



Impactful events (i.e. adult baptism, deep spiritual awakening, starting a business, major medical diagnosis, coming out, estrangement or reconciliation within family, court cases, winning a competition, adoption, etc.)

Meeting Significant Other(s)

Marriage Date(s)

Divorces or Separations

Deepest wounding(s) life events

The following questions are not required but are helpful when narrowing down the “houses” — the areas of life represented in your natal chart. Feel free to answer as many or as few as you’d like.

What have you been told about your birth story? Do you know whether your mother's labor was relatively smooth and quick, or more prolonged and difficult? Were you born early, on time, or later than expected?



What type of work do you do?

What are your hobbies and interests?

Do you feel you know your own path or do others play a more significant role in your life?

How do you release your tension?

Are you introverted or extroverted? In other words, are you open about who you are or do you prefer to keep things close to "the chest"?

What three things do you value above all else?



What three things do you LOVE above all else?

Where do you feel you “shine”?

Where do you expend most of your energy (in the last 3 or 4 years)?

Are your emotions more fiery or earthy?

Do you have an intuitive feeling about your birth time (or time of day, afternoon or evening)?

Do you ever see recurring numbers or clock times? If yes, what time?